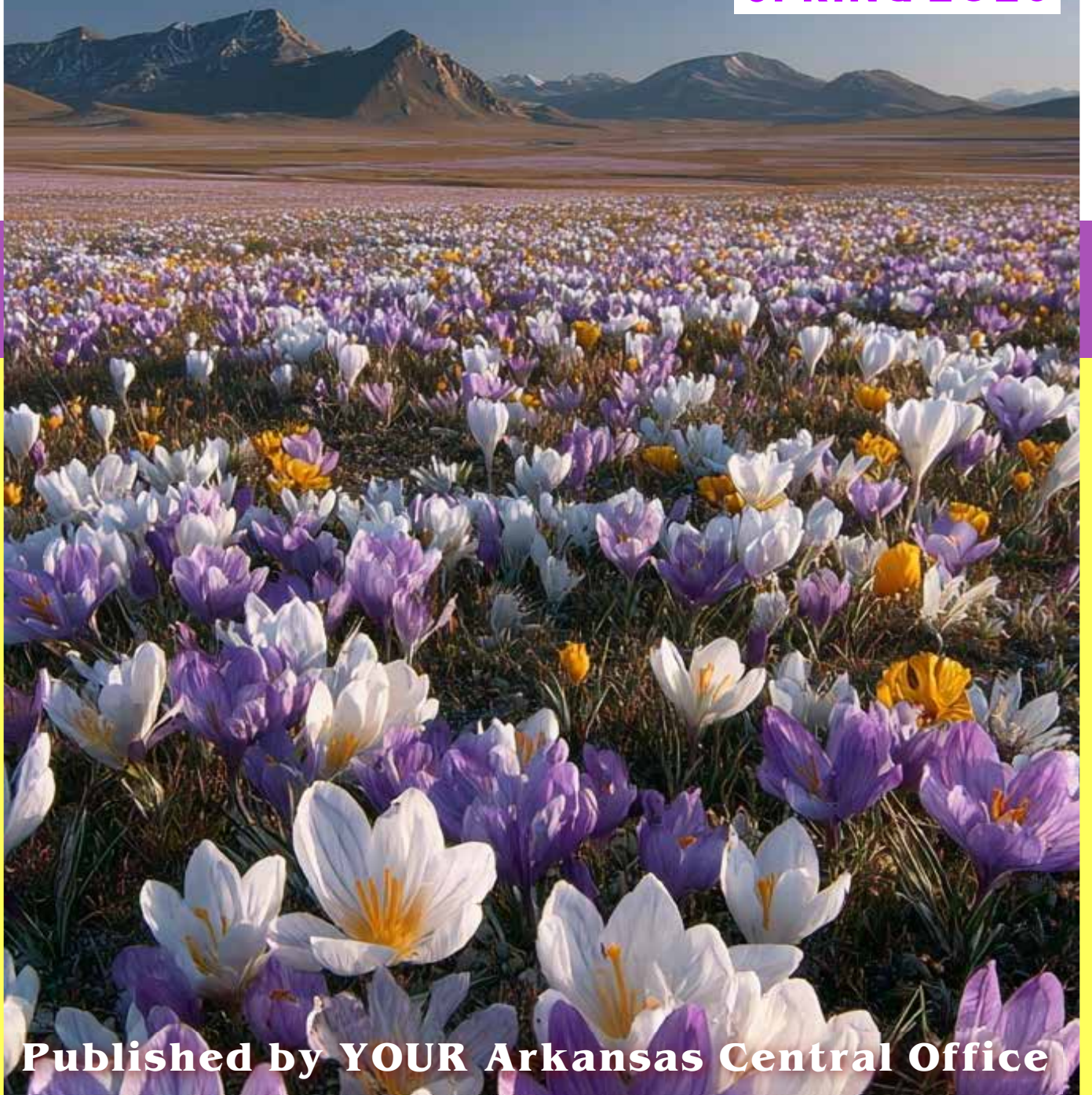


NAMELESS

NEWSLETTER

SPRING 2026



Published by YOUR Arkansas Central Office

**ARKANSAS CENTRAL OFFICE
BOARD MEMBERS**

BRIAN C. - CHAIR -

MEETING IN THE MIDDLE,

LITTLE ROCK

BOARD MEMBER ENDS 12-31-27

JAIMIE W.

120½, LITTLE ROCK

BOARD MEMBER ENDS 12-31-26

TOPHER K.

DOWNTOWN NOONERS,

LITTLE ROCK

BOARD MEMBER ENDS 12-31-26

MELISSA N. - SECRETARY -

BRIDGING THE GAP,

LITTLE ROCK

BOARD MEMBER ENDS 12-31-27

DAVID L.

LITTLE ROCK

BOARD MEMBER ENDS 12-31-27

TERMS ARE 2 YEARS LONG WITH
A MAXIMUM OF 3 ELECTED TERMS

EMPLOYEE BOARD MEMBERS

STEVE M. - OFFICE DIRECTOR

PACIFIC GROUP

JAMES S. - LIAISON

BRIDGING THE GAP



PUBLISHED BY YOUR
ARKANSAS CENTRAL OFFICE
7509 CANTRELL RD. STE 106
LITTLE ROCK, AR 72207

BOOKSTORE HOURS
MON-FRI 10AM - 6PM
SAT 10AM - 2PM
SUN CLOSED
HOT LINE 501-664-7303
BUSINESS 501-664-6042
WWW.ARKANSASCENTRALOFFICE.ORG
EMAIL: AACOAR@GMAIL.COM

CENTRAL OFFICE REPRESENTATIVES
(CORs) MEET EVERY MONTH 4TH
WEDNESDAY @ 5:30

THE BOARD MEETS JAN, APR, JUL,
OCT ON THE 3RD MONDAY @ 5:30 PM

ANYONE IN A.A. IS INVITED TO ATTEND
THE CORs OR BOARD MEETING.



CONTENTS

- 4 From the Central Office**
- 6 Tradition 6**
- 7 Brief History of the Big Book**
- 8 The Twelve Steps in Plain English**
- 9 Bill's Friends**
- 10 Ask-It Basket**
- 11 Events**
- 12 Big Book & AA History Quiz**
- 14 Central Office Financials**
- 24 Event Flyers**

MISSION STATEMENT



Step Four is our vigorous and painstaking effort to discover what our character defects are and moving toward their correction. Without a searching and fearless moral inventory, our character defects remain buried deep down in us under thick layers of self-justification. Whatever the defects, they have finally ambushed us into alcoholism and misery. Once we have a complete willingness to take inventory, and exert ourselves to do the job thoroughly, a wonderful light falls upon this foggy scene. As we persist, a brand-new kind of confidence is born, and the sense of relief at finally facing ourselves is indescribable. This is the beginning of a lifetime practice of honesty and willingness to improve ourselves.

The Twelve 12-Steps and 12 Traditions. Copyright © by The AA Grapevine Inc. and Alcoholics Anonymous Publishing (now known as Alcoholics Anonymous World Services, Inc.)

THE ARKANSAS CENTRAL OFFICES' STAFF AND VOLUNTEERS WILL STRIVE TO CARRY THE A.A. MESSAGE TO THE STILL SUFFERING ALCOHOLIC.

IT IS OUR MISSION TO SUPPORT ARKANSAS' A.A. MEETING GROUPS BY KEEPING THEM INFORMED OF THE NEWS AND ACTIVITIES OF ALCOHOLICS ANONYMOUS THROUGH OUR WEBSITE AND NEWSLETTER. TO PROVIDE CURRENT CONFERENCE APPROVED LITERATURE AND OTHER RECOVERY RELATED MATERIALS, AND TO OFFER INDIVIDUAL SUPPORT TO THE STILL SUFFERING ALCOHOLIC THROUGH OUR 12 STEP AND AFTER HOURS ON CALL SERVICE.

WE ARE ACCOUNTABLE TO THE ARKANSAS A.A. GROUPS WE SERVE THROUGH THE CENTRAL OFFICE REPRESENTATIVES (CORs) SELECTED BY THE VARIOUS A.A. GROUPS AND SHALL FUNCTION WITHIN THE PURVIEW OF THE 12 TRADITIONS OF ALCOHOLICS ANONYMOUS AND THE GUIDELINES FOR INTERGROUP AND CENTRAL OFFICES AS SET FORTH BY THE GENERAL SERVICES OFFICE OF ALCOHOLICS ANONYMOUS.

THE STAFF AND VOLUNTEERS AT ARKANSAS CENTRAL OFFICE EMBRACE A.A.'S RESPONSIBILITY STATEMENT AS STATED. "I AM RESPONSIBLE... WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. ALWAYS TO BE THERE. AND FOR THAT, I AM RESPONSIBLE." ©

©REPRINTED FROM PAMPHLET P-1, THIS IS A.A., PAGE 24 WITH PERMISSION OF A.A. WORLD SERVICE INC.

Tradition Six

An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

We in Alcoholics Anonymous must constantly remind ourselves that we can't be all things to all men. Because we have found an answer to the alcohol problem, doesn't mean that we have the answer to a lot of the other problems of the world. Our focus must remain on our primary purpose – to carry the message to the alcoholic who still suffers. Whenever we align ourselves with any outside entity we run the risk of confusing those who may need help as to what we really stand for, as well as what our motives are. As a program of attraction we let others do the promoting, allowing us to concentrate on helping those who come to A.A. seeking a solution to their drinking problem.

Ben P

Just The Black Print Big Book Study, Rancho Mirage

The Fine Print

Pharmaceutical commercials have very long disclaimers. But alcoholic beverage ads just say: "Please drink responsibly." If alcohol ads had to follow the same guidelines as pharmaceutical ads, this might be their disclaimer:

Caution: Drinking alcohol may result in vomiting, nausea, indigestion, slurred speech, frequent urination (with pants up or down), memory loss, brain damage, impaired vision, headaches, delusions of grandeur, lying, divorce, unemployment, evictions, bankruptcy, black eyes, broken bones, concussions, bleeding ulcers, cirrhosis of the liver or death! Do not consume if you are allergic to alcohol. If these symptoms persist, call the AA hotline immediately!

Anonymous

BRIEF HISTORY OF THE BIG BOOK

A Brief History of the Big Book

Una breve historia
del Libro Grande

Une brève histoire
du Gros Livre



In May 1938, when Bill W. began work on the first draft of what is now the Big Book, Alcoholics Anonymous, he had been sober about three and a half years. The early members who contributed in one way or another to the writing of the book had been sober for periods ranging from a couple of years to a couple of months.

The early members realized the book would need a "story" section. The Akron Group had come up with 18 stories to produce evidence in the form of living proof and written testimonials of our membership.

New Yorkers who left the Oxford Groups in 1937, often described ourselves as a 'nameless bunch of alcoholics. From this phrase it was only a step to the idea of "Alcoholics Anonymous." More than 100 titles were considered for the Big Book but in the end, it came down to the title "Alcoholics Anonymous."

This book became a blueprint for recovery from alcoholism that has been followed successfully for more than 80 years and something of a publishing phenomenon.

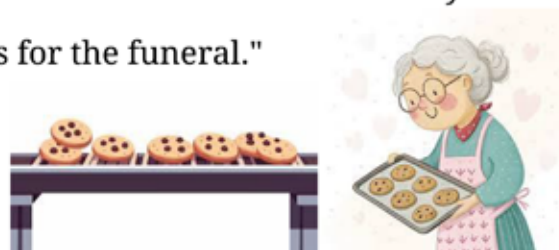
The Big Book has been translated into more than 70 languages and is read by millions of people in approximately 180 countries around the world. More than 35 million copies of the first four editions of the Big Book (in English) have been distributed. It sells about one million copies per year, worldwide.

JOKE OF THE MONTH



An elderly man lies dying in his bed. In death's agony, he suddenly smells the aroma of his favorite chocolate chip cookies wafting up the stairs. He gathers his remaining strength, lifts himself from the bed, and slowly makes his way out of the bedroom. With labored breaths, he staggers down the stairs into the

hall and gazes into the kitchen. Here, spread out upon racks on the kitchen table and counter are literally hundreds of his favorite chocolate chip cookies - a final act of love from his devoted wife, seeing to it that he leaves this world a happy man. Mustering one great final effort, the old man throws himself toward a tray of cookies - when "whack!" his hand is suddenly struck with a spatula. "You stay out of those," says his wife. "them's for the funeral."



The Twelve Steps in Plain English

1. Alcohol will kill me.
2. There's a Power that wants me to live.
3. Do I want to live or die? (if you want to die, stop here).
4. Write about how I got where I am.
5. Tell another person all about me (let God listen).
6. Want to change.
7. Ask a power greater than me to help me change.
8. Write down who I've hurt.
9. Fix what I can without hurting anyone else.
10. Accept that I'm human and will screw up. Fix it immediately.
11. Ask a power greater than me to show me how to live.
12. Keep doing 1 through 11 and pass it on.

Arkansas AA Websites

**Arkansas Conference by Young People
in Alcoholics Anonymous – (ARKYPAA)**

<http://www.arkypaa.org/>

Fort Smith Central Office

<http://www.aafsig.org>

**Hot Springs Intergroup Council of
West-Central Arkansas**

<http://www.aawcar.org/>

Arkansas Central Office

<http://arkansascentraloffice.org>

Northwest Arkansas District 1

<http://nwarkaa.org>

Northeast Central Arkansas District 6

<http://www.araadist6.org>

Arkansas District 13

Distrito 13 Lingüístico en Arkansas

<http://www.distrito13arkansas.com/>

A.A. was founded on the premise that it would be self-supported through member contributions.

For the past 60 years, contributing a single dollar has been almost a tradition

	<u>12PK OF BEER</u>		<u>CIGARETTES</u>		<u>GAS</u>
	1960 ... \$1.70		1960 ... \$.20		1960...\$.22
	1970 ... \$1.98		1970 ... \$.65		1970...\$.35
	1980 ... \$3.40		1980 ... \$1.65		1980...\$.35
	1990 ... \$4.96		1990 ... \$2.00		1990...\$1.10
	2000 ... \$6.30		2000 ... \$3.00		2000...\$1.25
	2010 ... \$8.07		2010 ... \$5.50		2010...\$2.70
	2024 ... \$12.25		2024 ... \$7.93		2024...\$3.19

\$1.00 in 1935 would be worth \$23.03 in 2025! Today's dollar has only 9 cents of the purchasing power of a 1960's dollar.



Acknowledging these economic facts,
why not responsibly compensate by
dropping in 3 bucks for 2025?



For those that can't afford it, the important thing is to keep coming back!

Bill's Friends



My sponsor says I have to learn from the mistakes of others because I'll never have time to make them all myself.



I have found that when I work with others, my problems become smaller . . . I think that's because when I talk with my sponsees, and share my experience with what they are walking through, I have put their problems on the front burner, and my problems get put on the back burner --- then I talk with someone else, and in talking, their problems go on the front burner, so the previous sponsees have to go to the back burner . . . all of a sudden, my problems have NO burners, and it's amazing how they can just die away!

"Progress not perfection." It's a statement not an excuse.

We were talking about 'restraint of tongue and pen' and someone said that they had read in the Grapevine that with the increase in texting that perhaps needs to be updated to add **restraint of thumb and send!**

It's not that surprising that there is a power greater than I am --- since I was taken down by a beverage.



The Ask-It-Basket is a feature of every Area Assembly. It involves a panel of past delegates answering anonymous questions from the participants. The answers are not gospel - just the experience of trusted servants in Area 4. Here is an excerpt from the January 2026 Assembly Ask-It-Basket (All names have been removed):

Question: Could we as an area, initiate A pamphlet inventory?

Answer: I think the answer is yes and yes. The way to change a pamphlet is to submit it as an agenda item, because that's where that work gets done at the General Service conference. A PAI would be appropriate. It is also completely appropriate for the area or a committee of the area or district or a group for that matter to take. An inventory of pamphlets and it could start at a group, could move to a district, and then spread to the area. The area said we have strong feelings. We think that 50% of our pamphlets are redundant. I believe we have a handful and I think if we want to do something about that, it can start anywhere, but the action will be taken at the conference.

Answer 2: You can also submit AP API that says I would like the following pamphlets to be discontinued and list your items as simple as that.

Question: Is it necessary to hold this assembly four times per year? Why not just meet biannually?

Answer: The structure and guidelines require us to meet in January, April, July. October doesn't specify the dates, but it specifies the months. If you'd like to change that, submit a proposed structure change.

Answer 2: Anything that we're currently doing could always be changed. So that's just kind of an umbrella statement. It's like when I'm sponsoring a guy. I think it's not just important for me to tell him to do something or this is the way I've always done it, but why. I got to get sold on the idea that there's value and why. I've been hanging out in area assembly for a few days and there's a lot of wise people. It's important that the continuity of

being together in the same place to share the activities of Alcoholics.

The delegate's job is very, very important, that's great and good, but there's always going to be the work of Alcoholics Anonymous being done. And me as a past delegate. One of the things that keeps me wanting to come back is to continue to hear the good work of Alcoholics Anonymous done in my home state. I granted, you could, you could argue, can't you do that twice a year as opposed to four times a year? I suppose that you could. I'm just a little bit more in favor of a little bit more frequently than that.

Question: Why do they not talk about anonymity in treatment facilities? Asking for a friend?

Answer: They can do whatever they want to do.

Answer 2: I am a little unsure about what's really being asked for or wanting to be discussed. Myself, as a member of AA, when I step into the public forum, my anonymity is gone. I don't know if that's what's being asked or not. I'm a little confused by the question, but when we engage outward, outward facing Alcoholics Anonymous service, I've got to get square with me that my personal anonymity went out the window. It's my choice as an individual member of Alcoholics Anonymous, if I want to be that tight about my personal enemy, then I can certainly choose not to engage in outward facing service. That may not have been at all what question meant, but that is what struck me.

Question: Can all attendees, whether Home group or not, attend or participate in the meetings group conscience? Do attendees have to commit to that group as their group to attend the group conscience?

Answer: our group states that you need to be a member of our group to vote in our group conscience. Anybody can attend, but we ask only group members vote.

Answer 2: I would like to promote a pamphlet. It's the "AA group where it all begins" If you have questions as a GSR or officer of a Home group, this is a great place to start. If you think somebody in your home group's doing something wrong, get you this pamphlet. It's like \$0.50 and I go to this pamphlet more than any other pamphlet that I own.

Question: I've been attending area assembly since 2010 and the ask it Basket panel makeup has never changed except for the outgoing delegate to join. Could we shake it up and get some different perspectives in the spirit of rotation?

Answer: Talk to the chairperson. The chairperson sets the agenda. I won't get my feelings hurt if you do.

UPCOMING EVENTS

APRIL 25

District 9 Accessibilities Presents:
Sweet Tooth Ice Cream Social
Upstairs Wolfe Street, 5-7 pm
1015 Louisiana, Little Rock, AR

APRIL 26

Grant County Group
Speaker Potluck, 6 pm
1511 S Rose St
Sheridan, AR

MAY 2

Bridging the Gap
36th Anniversary Potluck, 5-8 pm
Crystal Hill Assembly of God
6722 Mountain Pine Rd
North Little Rock, AR

JUNE 27

Jacksonville AA
60th Anniversary Potluck, 12 pm
119 N Spring St, Jacksonville, AR

JULY 31- AUG 2

85th Old Grandad
Arlington Resort Hotel and Spa
Hot Springs, AR

OCTOBER 24

AR Central Office Presents:
Chili Challenge
Wolfe Street
1015 Louisiana, Little Rock, AR

APRIL 25

ARKYPAA Float Trip
Buffalo River

APRIL 25

Wye Mountain
BBQ Picnic Potluck, 10:00 am
22300 Hwy 113, Bigelow, AR

MAY 8-10

ARKYPAA Mid Year Campout
Canterbury Lodge at Camp Mitchell

JUNE 6

AR Central Office Presents:
Founder's Day Potluck, 10:30am, lunch at noon
Crystal Hill Assembly of God
6722 Mountain Pine rd, North Little Rock, AR

JUNE 27

Bake at the Lake
Annual District 8 picnic
Arlie Moore Pavilion
Corp of Engineers, Lake DeGray

OCTOBER 8-11

ARKYPAA
Camp Mitchell at Petit Jean
10 Camp Mitchell Rd, Morrilton, AR

AA IN MY TREATMENT

By Martha J.

I am fairly new to Alcoholics Anonymous. At this point, I'm five months and a week sober. I have never carried the message to any hospitals or institutions, but I would like to relate my personal experience.

I am enrolled in a six-month outpatient treatment program. Since the beginning of May, this year, I've been attending treatment and education groups in the program three times per week. I also meet with a therapist or therapist intern once every other week. I'm assigned to a counselor who has met with me, one on one, twice during my time here, to discuss my progress and outline treatment plans. When I first enrolled, at orientation, my counselor informed me of the requirement to attend two self-help meetings per week and promptly suggested aasandiego.org to find these. Using this, I found three meetings which I regularly attend each week.

In the treatment groups, I'm with addicts as well as alcoholics. The counselors that lead groups are themselves former addicts and/or alcoholics. Within these groups, we relate our experiences with our sobriety and discuss issues that directly involve our recovery. Counselors/leaders share their experiences as well and all have utilized the 12 Step program in their recovery maintenance. Though they claim that this is not the only program option for recovery, it is usually referred to at every group. The 12 Steps and the 12 Traditions banners are displayed in the treatment group room in which we meet.

From the start of my sobriety, I embraced the Alcoholics Anonymous meetings I attended, but was hesitant to get a sponsor and work the steps. Each week, at my treatment, counselors would inquire hopefully, "Did you get a sponsor, yet?" "Uh, no." "Well, let me know when you start working the steps!" This continued for weeks. Eventually, I recognized the value of this element in my recovery and became willing to go to any lengths to stay sober. I finally found my sponsor and requested that we start the 12 Steps without delay (I'm on Step 8 at this point).

As part of my treatment plan, my counselor assigned three papers for me to write. One was "How Holding Onto Resentments Can Affect My Recovery." Another dealt with forgiveness of self and others. The themes of the third paper were acceptance and powerlessness. I owe a lot of gratitude to AA and the Big Book because I was able to incorporate things I learned from the rooms and literature of Alcoholics Anonymous in my writings. Doing these papers enhanced my program and reinforced the principles, thereby facilitating my recovery even more.

One thing that I've observed, over the duration of my treatment, is that certain people in group, as they progressed in their recovery, shared more and more about their particular experiences in attending AA or NA meetings, working the 12 Steps and how this has worked for them personally. It is so encouraging for all of us to see those who came into this treatment, rather rebellious or extremely self-conscious or however their detoxifying manifested itself, now being so open and willing to help others. To me, this is a direct testament to the simple yet successful principles of the 12 Step program. Of course, "it works if you work it" especially if it's utilized in conjunction with the education and support of a good, solid treatment program.

Big Book & A.A. History Quiz

1. What is the name of the chapter that contains a list of the 12 steps?
 2. What is the name of the guy that came into Bills kitchen and talked with him about a solution he had found?
 3. Who's opinion is given in the beginning of the Big Book?
 4. What is the only chapter not written by Bill W?
 5. Dr. Bob was a real doctor. What was his area of practice?
 6. On the first page of Bills Story, a Hampshire Grenadier is mentioned. How did he catch his death?
 7. Did Bill Wilson's wife write the chapter "To the Wives"?
 8. What was the name of Bill Wilson's wife?
 9. How many pages are in the Big Book, not counting the stories or appendices?
 10. In what town did Bill W. visit on business and meet Dr. Bob?
 11. What is the name of the doctor who wrote the "Doctor's Opinion"?
 12. How many chapters are in the Big Book?
 13. What was the name of the group that Bill W. was a member of before he formed A.A. with Dr. Bob?
 14. The Oxford Group changed its name to what in 1938?
 15. What is the name of the "certain American businessman" who also helped Ebby 12 step Bill W.?
 16. Who was Ebby Thatcher's sponsor?
 17. Did Ebby Thatcher die sober?
 18. What was the name of the hospital where Dr. Silkworth worked?
 19. What was the name of the person who wrote the chapter "To Employers"?
 20. How many steps were there before Bill W. wrote the Twelve Steps?
 21. One of the Twelve Traditions was born from the reason why Bill W. and Dr. Bob broke off from the Oxford Group and formed A.A. Which one was it?
 22. How many members did A.A. have when the Big Book was written?
 23. In the chapter "More about Alcoholism", there is a story about a car salesman named Jim who went out looking for a prospect to sell a car. What did he pour his whisky into?
 24. On page one of "Bill's Story", he writes of a church, outside of which was the doggerel about the Hampshire Grenadier. What was the name of the church?
 25. Write down the entire 12th Step -- word for word.
 26. What was the name of "Alcoholic Anonymous Number Three"? Hint: his first name should be very familiar.
 27. Dr. Paul O. wrote a story that has been included in the story section of the Big Book. He talks of a concept that was the answer to all his problems. What is the concept?
 28. How long did Bill W. spend in actual combat in the war right before he became a veteran of foreign wars at 22?
 29. Dr. Bob said there were two things needed to start a new group in A.A. What are the two things?
 30. There are three sides to the A.A. triangle. What are the words beside each side?
- NOW FOR SOME HARDER QUESTIONS...**
31. Did Ebby Thatcher get royalties from Big Book sales?
 32. What were the Four Absolutes of the Oxford Group?
 33. Where was Bill W's birthplace?
 34. Name Bill W's first love who died.
 35. What was Bill W's first drink?
 36. What year did Bill and Lois visit Birmingham during their motorcycle tour as a young married couple?
 37. On page 160 in "A Vision For You", a man and a woman are mentioned as making their house available for meetings in the early days of A.A. Who were they?
 38. On the second page of "A Vision For You", p. 52, what is mentioned as a sufficient substitute for liquor?
 39. How many times is the word powerless used in the first 164 pages?
 40. When was the Second edition of the Big Book introduced?
 41. What is the number of the AA post office box at Grand Central Station post office?
 42. What was the former title of As Bill Sees It?
 43. A.A. publishes a daily mediation book. What is it called?
 44. AAWS publishes a newsletter designed to inform professionals about alcoholism. What is the name of this publication?
 45. Three "rights" are protected by the Twelve Concepts for World Service. Name one of them.
 46. Who is Leonard Blumenthal?
 47. What does G.S.R. stand for?
 48. Is the General Service Conference incorporated under the laws of any state?
 49. What are the Three Legacies?
 50. What is the present name of the organization that was once known as The Oxford Group?

4th Quarter 2025 Financials

Arkansas Central Office

7509 Cantrell Road, Suite 106

Little Rock, AR 72207

501-664-6042 Hot Line 501-664-7303

aacoar@gmail.com ~ arkansascentraloffice.org

Third Quarter 2025

Oct-25

Accountant	\$ 500.00
Intuit	\$ 99.00
Bank Charges	\$ 5.00
Bonus	\$ -
Book Store	\$ 3,886.33
Insurance	\$ 2,406.75
Conference	\$ 463.40
DFA	\$ -
Events	\$ 407.68
Federal Taxes	\$ 668.56
Office Supplies	\$ 401.62
Phone & Zoom	\$ 168.62
Post Office	\$ 24.19
Rent	\$ 1,060.00
Salaries	\$ 3,452.80
Utilities	\$ 48.34
Total	\$ 13,592.29

General Account	
Last statement balance	\$27,747.90
Current statement balance	\$24,969.45
Reserve	\$31,948.73
Inventory	\$21,358.62
Total Assets	\$78,276.80

Nov-25

Accountant	\$ 250.00
Intuit	\$ 99.00
Bank Charges	\$ -
Bonus	\$ -
Book Store	\$ 920.62
Insurance	\$ -
Conference	\$ 195.30
DFA	\$ -
Events	\$ -
Federal Taxes	\$ 668.58
Office Supplies	\$ 292.54
Phone & Zoom	\$ 168.62
Post Office	\$ 10.47
Rent	\$ 1,060.00
Salaries	\$ 3,562.63
Utilities	\$ 362.15
Total	\$ 7,589.91

General Account	
Last statement balance	\$24,969.45
Current statement balance	\$27,656.96
Reserve	\$31,948.73
Inventory	\$21,358.62
Total Assets	\$80,964.31

Dec-25

Accountant	\$ 250.00
Intuit	\$ 115.00
Bank Charges	
Bonus	\$ 2,530.11
Book Store	\$ 4,389.66
Insurance	\$ 49.00
Conference	\$ -
DFA	\$ 1,286.63
Events	\$ 89.23
Federal Taxes	\$ 668.56
Office Supplies	\$ 492.14
Phone & Zoom	\$ 150.17
Post Office	\$ -
Rent	\$ 1,092.00
Salaries	\$ 2,455.11
Utilities	\$ 276.54
Total	\$ 13,844.15

General Account	
Last statement balance	\$27,656.96
Current statement balance	\$ 27,599.23
Reserve	\$32,104.07
Inventory	\$ 22,582.42
Total Assets	\$ 82,285.72

Big Book & A.A. History Quiz — Answers

- | | | | |
|-------------------------------|----------------------------|--|--|
| 1. How It Works | 14. The Moral Rearmament | 26. Bill D (Dodson) | 39. Only one time |
| 2. Ebby Thatcher | 15. Roland Hazzard | 27. Acceptance | 40. 1958 |
| 3. The Doctor | 16. Roland Hazzard | 28. None | 41. Box 459 |
| 4. "To Employers" | 17. Yes | 29. A resentment and a coffee pot | 42. <i>The AA Way of Life</i> |
| 5. Proctology | 18. Townes Hospital | 30. Recovery, Unity, & Service | 43. <i>Daily Reflections</i> |
| 6. "drinking cold small beer" | 19. Henry "Hank" Parkhurst | 31. Yes - till his death | 44. About AA |
| 7. No | 20. Six | 32. Honesty, purity, unselfishness, & love | 45. Rights of Appeal, of Decision,
and of Participation |
| 8. Lois | 21. Tradition Three | 33. East Dorset, Vermont | 46. Chairman of the Board at G.S.O. |
| 9. 164 | 22. More than 100 | 34. Bertha Bamford | 47. General Service Representative |
| 10. Akron, Ohio | 23. Milk | 35. Bronx Cocktail | 48. No - it's not incorporated at all. |
| 11. William Silkworth | 24. Winchester Cathedral | 36. April 1926 -- camped in Fultondale | 49. Recovery, Unity, & Service |
| 12. Eleven | 25. See following page | 37. T. Henry and Clarace Williams | 50. Initiative for Change |
| 13. Oxford Group | | 38. Fellowship in A.A. | |



YOUR
CENTRAL
OFFICE
SELLS
MORE
THAN
BOOKS



We offer magnets, stickers, meditation books, printed posters, bookmarks, jewelry and much more.



NAMELESS

NEWSLETTER

A great big Thank You to all our In House volunteers!
These are the people that work the phones, clean the carpets,
price the books, and a thousand other things daily in the Bookstore!

Monday - Billy O. and Mary J.
Tuesday - Bob W. And Matt R.
Wednesday - Clay C. and Woody T.
Thursday - Kathy Y. and Jeremy C.
Friday - Lynda B. and Clay C.
1st Saturday - Maddi G.
2nd Saturday - Caroline L.
4th Saturday - Steven C.
3rd and 5th Saturday - Susan H.
Alternates: Cary T., Jim B.

Would you like to be an In-House Volunteer? This is a great opportunity for you or your spouse. The shifts are from 10 am - 2 pm and 2 - 6 pm Monday through Friday and Saturday 10 - 2 pm. Sometimes people alternate with another so they only volunteer every 2 weeks. Call us: 501-664-6042

YOU ARE INVITED!

Your Arkansas Central Office is inviting your group to participate in our monthly **C**entral **O**ffice Representatives Meetings.

We meet virtually the Fourth Wednesday of each month at 5:30! You do not have to be the elected rep from a group to attend, but only elected group reps are eligible to vote and each group has only one vote.

We discuss and decide on issues affecting the operation of The Central Office and how we can better serve the Area.

We are responsible for maintaining a current list of 12 steppers as well as a list of volunteers to answer the hotline after hours.

JOIN US

MEETING ID: 879-658-7165

PASSWORD: 55555

SHOUT OUT TO OUR PHONE VOLUNTEERS!

Our lists of volunteers for both 12th Steppers and After-Hours are very fluid and the numbers fluctuate in response to life's challenges. We are always looking for interested A A'ers for both our lists. Currently we have only 86 volunteers on the After-Hours list, making the times they are asked to cover around every 48 days. If you are interested in giving it back! Please consider volunteering in these areas. Give us a call at 501-664-6042 and let us know which list, or both, you would like to be on! We have an education packet to help you get started. To our 12th Steppers and After-Hours Volunteers; Thank You for Your Service!!



Accessibility Committee



Is your homegroup accessible to people with disabilities?

**SCAN THE QR CODE AND TAKE
OUR SURVEY!**

ACCESSIBILITIES COMMITTEE
PRESENTS

ASL INTERPRETER
SERVICES VIA ZOOM

at

BRIDGING THE GAP

ASL Interpreter Services will be provided via Zoom
beginning February 1, 2024, at the Alcoholics
Anonymous hybrid meeting, Bridging the Gap.

Meeting ID: 818 278 735

Password: 187565

THURSDAYS

6PM

CRYSTAL HILL
ASSEMBLY OF GOD

6722 Mtn Pine Rd
North Little Rock, AR 72118

More Info :

contact Amy E. 501-908-6729

OUR MEETING IN PRINT

PRINT & DIGITAL SUBSCRIPTIONS

MONTHLY ISSUES | AA NEWS | AUDIO VERSIONS | MEMBER STORIES & INTERVIEWS

NEW APP! FREE DOWNLOAD

SOBRIETY CALCULATOR • DAILY QUOTE • DIGITAL SUBSCRIPTION • PODCAST • & SO MUCH MORE!



GRAPEVINE AUDIO PROJECT:



Record your 7-minute sobriety share at aagrapevine.org/audio-portal

✦ GET INVOLVED! ✦

DISTRICT 9 COMMITTEE
2ND TUES @ 6:30PM

IN-PERSON:
WOLFE STREET FOUNDATION
1015 S. Louisiana Street | Little Rock

Zoom:
Meeting ID: 393 638 5317
Passcode: inperson

CONTACT:
D9GRAPEVINE@GMAIL.COM

PUBLICATIONS:

- Books & eBooks
- Audiobooks & CDs
- Instagram & YouTube
- Calendars & Gifts

Scan with camera to visit
AAGRAPEVINE.ORG





WE ARE TRANSITIONING TO A NEW LOGIN ID AND PASSCODE



Meeting held every other Thursday @ 6:30pm central

A.A. SERVICE MANUAL IN DEPTH BOOK STUDY

Virtual (via Zoom)



- Area 4 Arkansas
- Area 10 Colorado
- Area 25 Kansas
- Area 38 Eastern Missouri
- Area 39 Western Missouri
- Area 46 New Mexico
- Area 57 Oklahoma
- Area 65 Northeast Texas
- Area 66 Northwest Texas
- Area 67 Southeast Texas
- Area 68 Southwest Texas

Curious A.A. members from the SW Region getting together for an in depth study of the A. A. Service Manual.



[Learn More](#)



We want You!



A most effective way for us to learn is to hear from those who have the experience. We welcome you to join us and share!

[Share with us](#)



**Upcoming Meeting Dates:
January 15th and 29th, 2026**

New E-mail Contact as of January 2026

To be added to our e-mail reminder list:

ThirdLegacyService@Outlook.com

**New Login Information
As of January 2026**

via Zoom

Meeting ID: 861 7405 9702

Passcode: service



— JOIN THE —
LR BID

MONTHLY BUSINESS
MEETINGS



4th Sunday



230PM

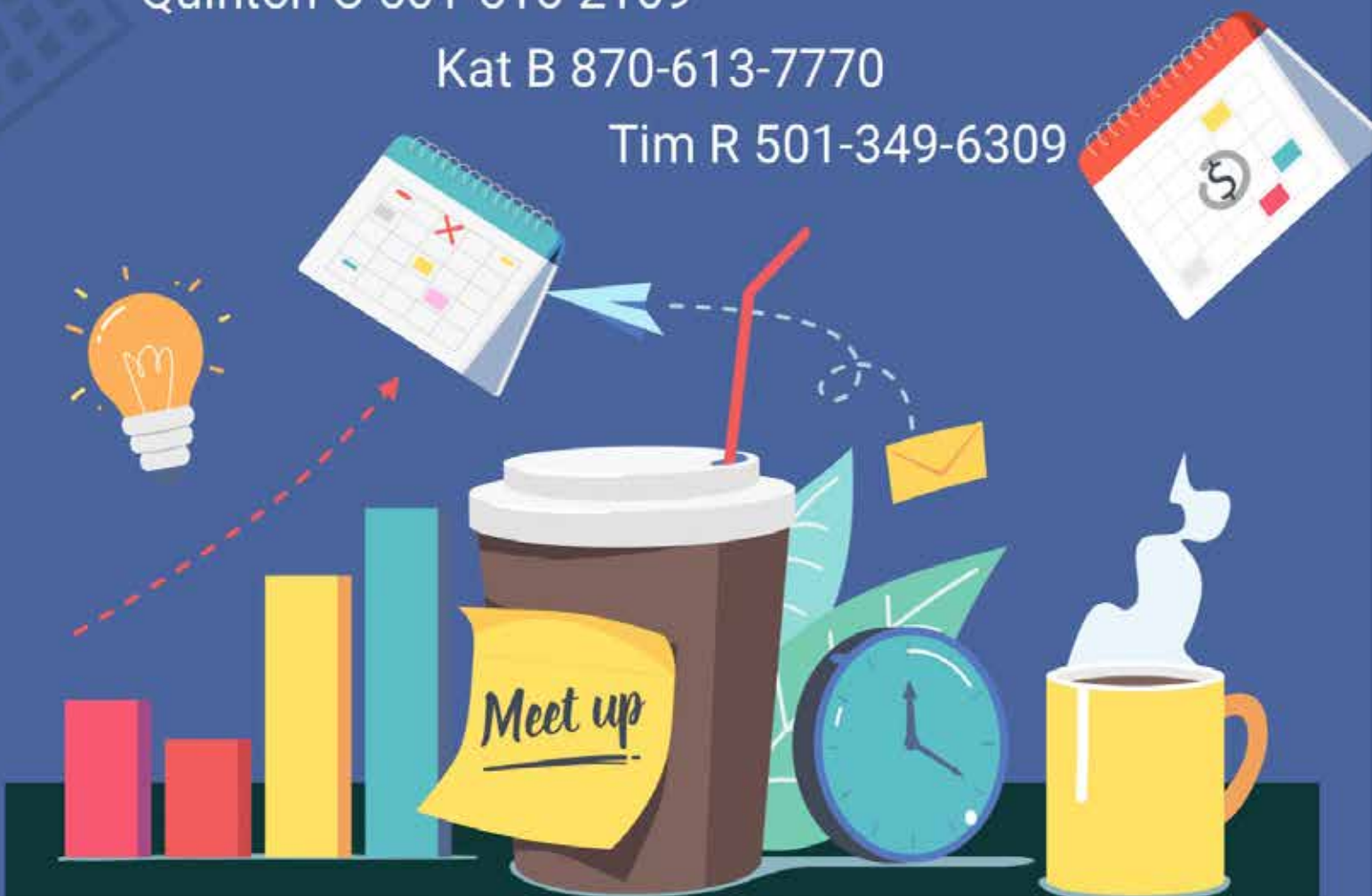
UPSTAIRS AT WOLFE STREET

Service -Fellowship -YPAA

Quinton C 501-515-2109

Kat B 870-613-7770

Tim R 501-349-6309



ARKYPAA/PoR

**Saturday
April 25th**

AT 9:00 AM

Float Trip
at the Buffalo River

Grab your paddle and join us for
an unforgettable experience!


**Call Buffalo River Outfitters at
870-439-2200 to add yourself to the
group reservation using confirmation
#327-5879312. You can pay for your
canoe or kayak when you call.**

For more information or if you have
questions contact

Patrick G - 501-295-1409

Amy E - 501-908-6729





DISTRICT 9
ACCESSIBILITIES
COMMITTEE INVITES YOU TO

APRIL'S SWEET TOOTH ICE CREAM SOCIAL

SATURDAY APRIL 25TH

5-7 PM

UPSTAIRS WOLFE STREET

5PM ICE CREAM \$5.00 DONATION PER BOWL

5:30PM SPEAKER

6-7PM MINGLE WITH ICE CREAM AND COFFEE

JOIN US TO WELCOME SPRING

ALL PROCEEDS GO DIRECTLY TO PROVIDING
ACCESSIBILITY SERVICES IN DISTRICT 9

Wye Mountain

BBQ PICNIC POTLUCK



April
25th



Gather at 10am
Speaker at 11am
Shelby F.
Eat at Noon
Bingo at 1pm
(everyone wins!)

Y'ALL BRING YOUR FRIENDS!

Bring your favorite
dish, side or dessert

You can donate your
gently used items to
the bingo!

22300 Highway 113
Bigelow, AR

COME & JOIN US FOR THE FELLOWSHIP & FUN



ANNIVERSARY
BTCG
POTLUCK



Hosted by **BRIDGING THE GAP**

SATURDAY
MAY
2
5 - 8 PM



CRYSTAL HILL
ASSEMBLY OF GOD
6722 MOUNTAIN PINE RD
NLR, AR 72118

5:30 BBQ POTLUCK
6:30 SPEAKERS:
♦ **TIM H & SANDY S**
MELBOURNE, FL

SIDE DISHES, DESSERTS, & DRINKS ARE APPRECIATED!

FOR MORE INFORMATION:
LYNDA B 501.258.7989 | STEVE FI 501.258.7644



Bill & Bob's Excellent Adventure

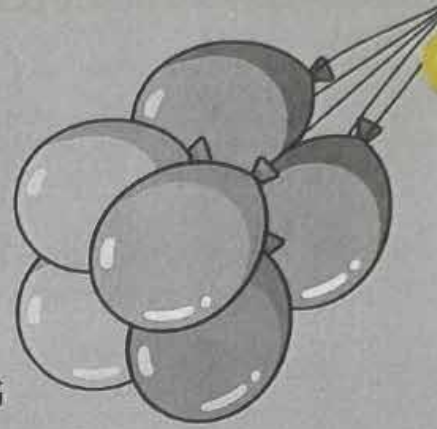
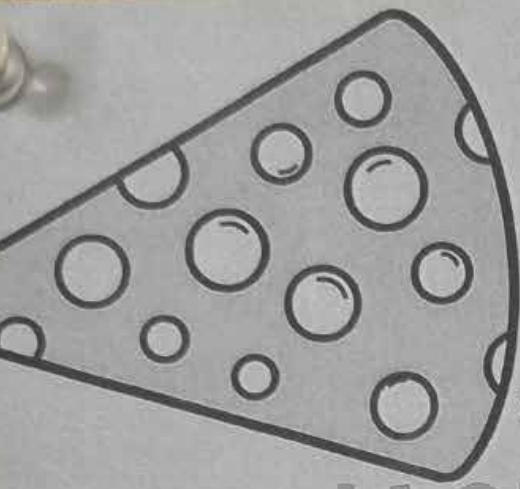


Hot Dogs &
Hamburgers Provided
Bring your favorite
condiment, a covered dish,
cups, plates, napkins,
or any other item
(Like your significate
other)

Steve W. Speaker Cosmo Group

Founder's Day
Celebration
Saturday
June 6th
10:30am - until
Lunch at noon

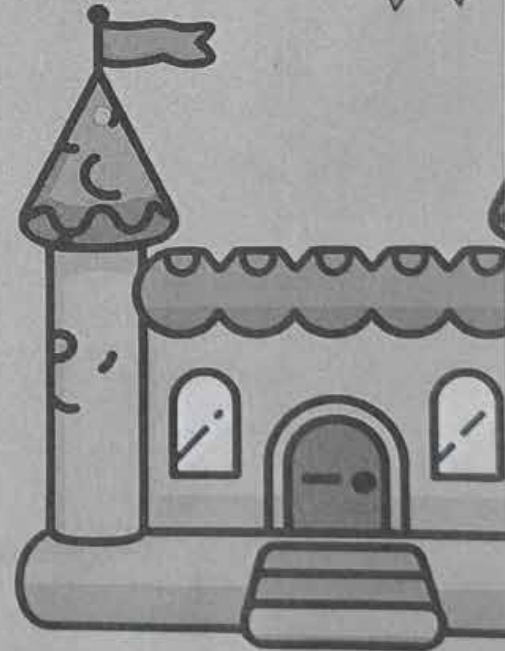
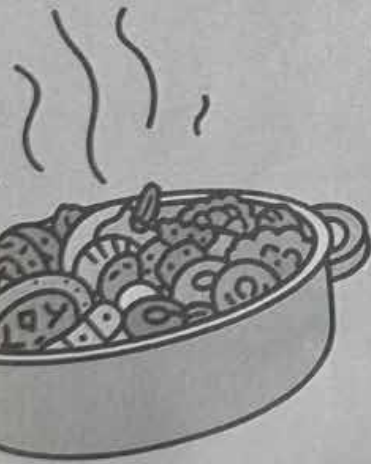
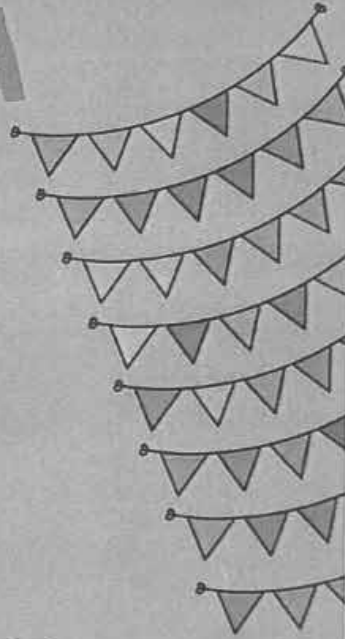
Crystal Hill
Assembly of God Church
6722 Mountain Pine Road
North Little Rock



JOIN US IN CELEBRATING

JACKSONVILLE AA 60TH ANNIVERSARY

POTLUCK - BRING A DISH OR
DESSERT! HOT DOGS & BURGERS
PROVIDED



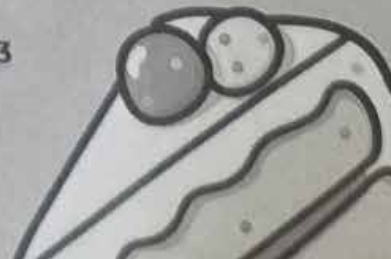
JUNE 27TH, 2026

TIME: 12:00PM

119 N SPRING ST.

**MUSIC, FUN, FELLOWSHIP, 50/50 RAFFLE
BOUNCY HOUSE FOR KIDS!**

MORE INFO CONTACT : CHARLES@501-533-7983



BUT JUST UNDERNEATH THERE IS A
DEADLY EARNESTNESS

ARKYPAA XLII

OCTOBER 8-11 2026

CAMP MITCHELL ON PETIT JEAN MNT
10 CAMP MITCHELL RD MORRILTON, AR 72110



PRE-REGISTRATION

\$20

ARKYPAA.ORG



Website Registration

ASHLEY C 479-747-3142
SPENCER B 501-920-6355
MIKAYLA B 818-588-7545